

FOR IMMEDIATE RELEASE:

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WHO: ARC Dance Productions
WHAT: *Spring Dance*
WHERE: ARC Dance Space
9250 14th Ave NW Seattle, WA 98117
WHEN: March 15th 4:00pm and 16th 2:00pm, 2014
TICKETS: \$15 Adults & \$10 Children (10 & under); In person at ARC or
206.352.0798

Spring Dance: A Historical Affair

SEATTLE, WA – ARC Dance presents its students in *Spring Dance*, a collaboration between Arc School of Ballet and ARC Dance Productions. In separate performances on March 15 and 16, 2014, audiences are regaled with a historical “May Pole” dance, other early dances, excerpts from the romantic ballet *Les Sylphide*, and two modern dance works representing our current times.

ARC Dance productions has been presenting *Spring Dance* in their home in north Ballard since 2009. On the upcoming program, historically accurate “Branles” from the Renaissance and Baroque periods were originally created for Arc School of Ballet by Anna Mansbridge, of Seattle Early Dance, and are faithfully re-staged here by ARC Director Marie Chong as a way of illustrating some of the roots from which ballet originated.

This family-friendly program takes the audience on a beautiful progression through dance history, from some of the early court dances to classical ballet in its current form, providing both an educational and interesting experience for everyone involved.

ARC Dance Productions presents *Spring Dance*; March 15th 4:00 PM, March 16th 2:00 PM All performances are held at the **ARC Dance Space** in N. Ballard/Crown Hill, 9250 14th Ave NW, Seattle. Tickets are \$15 Adults, \$10 Children 10 yrs and under. Tickets are available in person at ARC or by phone 206.352 0798 For more information: www.arcdance.org.

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About ARC Dance Productions

ARC Dance Productions maintains a 9,000 square foot facility in the Ballard neighborhood of Seattle. ARC supports dance education programs, performances, and a resident professional dance company (ARC Dance Company).

About ARC Dance Company

ARC Dance Company is a professional repertory dance company in Seattle, Washington that presents contemporary ballet in a performance season from July through December. Since its inception in 1999, ARC has performed works by nationally recognized and emerging choreographers seen by over 30,000 people in standard theater venues with seating capacities of 300 to 2500. It currently produces its regular concert season at the Bagley Wright/Leo K Theatre at Seattle Center.

About Arc Youth Dance Company

ARC Dance Productions, in association with Arc School of Ballet, launched the Arc Youth Dance Company (AYDC) in 2013. It offers artistic and personal growth to dancers ages 11-20 years old who seek further artistic excellence through dance performance. AYDC members are students of Arc School of Ballet (ASB) in the Intermediate Level or higher as selected by annual audition. Arc Youth Dance Company also performs at the Bagley Wright/Leo K. Theatre, along with the professional ARC Dance Company.

About Arc School of Ballet

Arc School of Ballet provides personalized ballet training in an atmosphere that promotes personal and artistic growth. By including elements of both classical and contemporary ballet technique from the classic French, Italian, and Russian Schools of training, the core curriculum at Arc School of Ballet (ASB) provides dancers with a broad knowledge of classical technique and the comprehension to adapt to all current ballet styles and forms.

Arc School of Ballet offers four coordinated, high-quality programs to dancers of all ages and backgrounds. The variety of classes works to meet students' varying interests in dance, ranging from children's creative movement and beginning ballet to adult education/fitness to specialized professional-career-bound training.

Arc School of Ballet opened its doors in July 2004. The school provides individual attention to students through limited class sizes. It focuses on classical ballet and offers a professional dance career preparation program. Its training regime is consistent with the stylistic requirements of ARC Dance Company, the resident professional dance company.

Since 2004, Arc School of Ballet has educated over 1500 dancers who are ongoing dance ambassadors, working with and supporting professional performing companies beyond their time at ARC.

Graduates of Arc School of Ballet have gone on to dance with the following organizations: Alvin Ailey School, Alberta Ballet, American Ballet Theater/JKO School, Ballet Austin, Pacific Northwest Ballet School, Boston Ballet, Nevada Dance Theater, Cirque du Soleil, School of American Ballet, Ballet Tucson, San Francisco Ballet School, Joffrey Ballet, Milwaukee Ballet, San Diego Ballet, Nashville Ballet, North Carolina School of the Arts, Alonzo King's Lines Ballet, Princeton Ballet, The Juilliard School, San Francisco Conservatory of Dance, City Ballet of San Diego, Mark Morris Dance Company, Penninsula Dance Theater, and ARC Dance Company.

ARC Dance combined with Arc School of Ballet

Arc School of Ballet shares common goals with its resident professional dance company, ARC Dance Company: to provide opportunities for the public to explore the joy and beauty of dance. Arc School of Ballet and ARC Dance Company occupy over 9,000 square feet of the former Crown Hill School, now the Crown Hill Center in the Ballard neighborhood of Seattle -9250 14th Ave NW, Seattle, Washington 98117

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